

# Blacon Children's Centre Timetable - (01244) 397412

Staff are based in this Children's Centre

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Antenatal Clinic</u></b> 9.00am - 4.00pm. To book an appointment call 01244 365166</p> <p><b><u>Speech &amp; Language Clinic (SALT)</u></b> 9.00am - 5.00am (Appointment only)</p> <p><b><u>Immunisation Clinic</u></b> 9.00am - 5.00pm (Appointment only)</p> <p><b><u>1 &amp; 2 year Child Developmental Reviews</u></b> 9.00pm - 5.00pm (Appointment only)</p> <p><b><u>Early Years Focus Group</u></b> Starting 26/01/2022 1.00pm - 2.30pm Running for 6 weeks (Invitation only)</p>	<p><b><u>Antenatal Clinic</u></b> 9.00am - 12.00pm To book appointment call 01244 365166</p> <p><b><u>Continence Clinic</u></b> 1.00pm - 5.00pm (Appointment Only)</p> <p><b><u>Speech &amp; Language Clinics</u></b> 9.00am - 5.00pm (Appointment only)</p>	<p><b><u>Antenatal Clinic</u></b> 1.00pm - 4.00pm To book appointment call 01244 365166</p> <p><b><u>Open Advice Clinic</u></b> 9.30am - 1.00pm (Please call to book)</p> <p><b><u>Platform For Life</u></b> 9.00am - 1.00pm (Appointment only)</p> <p><b><u>Incredible Years</u></b> Starting 12/1/2022 1.00pm - 3.00pm Referral Only</p> <p><b><u>Baby and You</u></b> Starting 3/03/2022 10.00am - 11.30am Running for 5 weeks. Ask your Health Visitor for more information (Referral Only)</p>	<p><b><u>Antenatal Clinic</u></b> 1.00pm - 4.00pm To book appointment call 01244 365166</p> <p><b><u>Platform For Life</u></b> 9.00am - 5.00pm (Appointments only)</p> <p><b><u>2 Year Funding and Child Developmental Reviews</u></b> 1.00pm - 5.00pm (Appointments only)</p> <p><b><u>Let's Play</u></b> 9.30am - 11.00am All families with a child under 5 welcome. Term Time Only (Please call to book)</p> <p><b><u>Sexual Health Clinic</u></b> 1.00pm - 5.00pm (Appointment only)</p> <p><b><u>Lactation Clinic</u></b> One to One (Referral Only)</p> <p><b><u>Breastfeeding Support Group</u></b> 1.00pm - 2.30pm Helping mothers to reach their breastfeeding goals. (Please call to book)</p>	<p><b><u>Antenatal Clinic</u></b> 9.00am - 4.00pm To book an appointment call 01244 365166</p> <p><b><u>1 &amp; 2 Year Child Developmental Reviews</u></b> 9.00pm - 5.00pm (Appointment only)</p> <p><b><u>Paediatric Physiotherapy Clinics</u></b> 9.00am - 5.00pm (Appointment only)</p>

Nursery Onsite for 2, 3 and 4 Year Old Free Funding

## Chester Victoria Children's Centre Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Antenatal Clinic</u></b> 9.00am - 1.00pm To book an appointment call 01244 365166</p> <p><b><u>2 Year Funding and Child Developmental Reviews</u></b> 1.00pm - 4.00pm (Appointments Only)</p> <p><b><u>Play Day Specials with SALT Drop in</u></b> 1.00pm - 2.30pm (Please call to book) 10/01/2022, 07/02/2022 07/03/2022, 18/04/2022</p>	<p><b><u>Antenatal Clinic</u></b> 9.00am - 1.00pm To book an appointment call 01244 365166</p>	<p><b><u>Antenatal Clinic</u></b> 9.00am - 4.00pm To book an appointment call 01244 365166</p> <p><b><u>SALT Virtual Drop in (18 - 24 months)</u></b> First Wednesday of every month 9.30am - 10.30am Call 01244 385060</p>	<p><b><u>Antenatal Clinic</u></b> 9.00am - 4.00pm To book an appointment call 01244 365166</p>	<p><b><u>Open Advice</u></b> 9.30am - 1.00pm (Please call to book)</p> <p><b><u>Child Developmental Reviews</u></b> 2.00pm - 5.00pm (Appointment only)</p>

Nursery Onsite for 3 and 4 Year Old Free Funding



### Sensory Room

The sensory room at Blacon Children's Centre is equipped with soft play, offering a calming and soothing space for babies and toddlers alike to explore and interact with their environment through light and sound.

Families registered at the children's centre can book the sensory room for a free hourly session. Please speak to reception staff or telephone the centre.

### **What is a Children's Centre**

Children's Centres provide a wide range of services for prospective parents, children and their families. We aim to improve the lives of children and their parents by bringing together early childhood services in the heart of the community.

### **Open Advice Drop-in**

We welcome you to attend the sessions for advice support and information regarding the health well-being and development of your baby/child. We are also able to weigh and measure your baby/child and review their growth. Please call the Children's Centre to book.

### **Let's Play**

Looking for something fun to do with your child? Our main centres run a weekly 'Let's Play' session for all children aged 0-5.

### **Play Day Specials**

Play-Days offer a fun and exciting opportunity for children to play and explore through a variety of seasonal themed sessions. These sessions are held at link centres for children aged 0-5.

### **Early Years Group**

These groups are run by Early Years Workers and support your child's development and you as a parent/carer to be your child's first educator. The group gives opportunity to learn new skills and develop new knowledge in how you can support your child's learning and development through daily interactions and play with your little one.

### **Breastfeeding Support Group**

Breastfeeding support groups are great places to make new friends and share the ups and downs of looking after a new baby. Helping mothers to reach their breastfeeding goals.

### **Antenatal Clinic (NHS Midwifery Service)**

The local hospital midwifery team offer care throughout pregnancy and after your baby is born. Community midwives look after newly pregnant ladies and mums up to a month after baby is born.

### **Two Year Old Funding**

Two year olds who live in Cheshire West and Cheshire may be eligible for 15 hours free childcare per week which adds up to 570 hours per year. You can check if you are eligible by visiting: [www.cheshirewestandchester.gov.uk/2yearoldplaces](http://www.cheshirewestandchester.gov.uk/2yearoldplaces)

### **Sensory Room**

The sensory rooms are equipped with soft play, offering a calming and soothing space for babies and toddlers alike to explore and interact with their environment through light and sound. Families registered at the children's centre can book in advance for a free hourly session.

### **Speech and Language**

Do you want to know how you can help your child's speech and language development?..The drop in sessions are for you to meet with the Speech and Language Team to share any concerns regarding your child's speech and language development and gain advice on how best to support your child.

### **Incredible Years Parenting Group**

Our Incredible Years Parenting Programme uses coaching based theory to facilitate parents to learn from each other's experiences and realise they are not alone with any possible parenting frustrations and or difficulties. The research-based parenting programme focuses on the behaviour's children display and empowers parents to feel better prepared to understand, cope and manage both current behaviours and those that may arise in the future.

### **Baby and You**

Baby and You is a 5 week programme of informative and fun sessions that will support you and your baby along your journey as a new parent. Each of the sessions will be delivered by a range of Starting Well healthcare professionals with lots of specialist experience in working with children.

**For more information or to register, speak to any member of our Children's Centre Staff.**

**The information in this timetable was last updated on 22/12/2021**

**Please note that Venues, Times and Date are all subject to change. Please contact your local Children's Centre for advice.**



# **Centre Timetables**

## **January to April 2022**

### **Blacon Children's Centre**

**Blacon, Chester**  
**Cheshire, CH1 5DB**  
**01244 397412**  
**[cwp.BlaconStartingWell@nhs.net](mailto:cwp.BlaconStartingWell@nhs.net)**

### **Chester Victoria Children's Centre**

**Cheyney Road, Chester**  
**Cheshire, CH1 4BR**