

Wharton Children's Centre Timetable - (01606) 555285

Staff are based in this Children's Centre

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Antenatal Clinic</u> 9.00am - 2.00pm (Appointments only)</p> <p><u>Smoking Cessation</u> 9.30am - 11.30am To book an appointment Call Cheshire Change Hub on 0300 777 0033</p>	<p><u>Open Advice Clinic</u> 9.00am - 4.30pm (Please call to book)</p> <p><u>Let's Play</u> 1.15pm - 2.45pm All families with a child under 5 welcome. Call to book your place 07/09/2021 - 19/10/2021 02/11/2021 - 14/12/2021</p>	<p><u>Child Developmental Reviews</u> 9.00am - 4.30pm (Appointments only)</p> <p><u>Combined Two Year Funding and ASQ Clinic</u> 1.00pm - 5.00pm (Appointment only)</p> <p><u>HealthBox Counselling</u> 9.00am - 5.00pm Speak to your Starting Well worker for more information (Referral Only)</p>	<p><u>Child Developmental Reviews</u> 9.00am - 4.30pm (Appointments only)</p> <p><u>Combined Two Year Funding and Development Review</u> 1.00pm - 5.00pm (Appointment only)</p> <p><u>Adult Learning</u> Health and Wellbeing Starts 23rd September to 28th October 1.00pm - 3.00pm (Please call to book)</p>	<p><u>Antenatal Clinic</u> 9.00am - 2.00pm (Appointments only)</p> <p><u>Breastfeeding Support Group</u> 9.00am - 12.00pm Helping mothers to reach their breastfeeding goals. (Please call to book)</p> <p><u>Baby and You</u> Starting 10/11/2021 1.00pm - 2.30pm Running for 5 weeks. Ask your Health Visitor for more information (Referral Only)</p>

Nursery Onsite
for 2, 3 and 4
Year Old
Free Funding



Sensory Room

The sensory room at Wharton Children's Centre is equipped with soft play, offering a calming and soothing space for babies and toddlers alike to explore and interact with their environment through light and sound.

Families registered at the children's centre can book the sensory room for a free hourly session. Please speak to reception staff or telephone the centre.



What is a Children's Centre
Children's Centres provide a wide range of services for prospective parents, children and their families. We aim to improve the lives of children and their parents by bringing together early childhood services in the heart of the community.

Open Advice Drop-in
We welcome you to attend the sessions for advice support and information regarding the health well-being and development of your baby/child. We are also able to weigh and measure your baby/child and review their growth.
Please call the Children's Centre to book.

Let's Play
Looking for something fun to do with your child? Our main centres run a weekly 'Let's Play' session for all children aged 0-5.

Play Day Specials
Play-Days offer a fun and exciting opportunity for children to play and explore through a variety of seasonal themed sessions. These sessions are held at link centres for children aged 0-5.

Early Years Group
These groups are run by Early Years Workers and support your child's development and you as a parent/carer to be your child's first educator. The group gives opportunity to learn new skills and develop new knowledge in how you can support your child's learning and development through daily interactions and play with your little one.

Breastfeeding Support Group
Breastfeeding support groups are great places to make new friends and share the ups and downs of looking after a new baby. Helping mothers to reach their breastfeeding goals.

Antenatal Clinic (NHS Midwifery Service)
The local hospital midwifery team offer care throughout pregnancy and after your baby is born. Community midwives look after newly pregnant ladies and mums up to a month after baby is born.

Two Year Old Funding
Two year olds who live in Cheshire West and Cheshire may be eligible for 15 hours free childcare per week

which adds up to 570 hours per year. You can check if you are eligible by visiting:
www.cheshirewestandchester.gov.uk/2yearoldplaces

Sensory Room
The sensory rooms are equipped with soft play, offering a calming and soothing space for babies and toddlers alike to explore and interact with their environment through light and sound.
Families registered at the children's centre can book in advance for a free hourly session. Sensory room available at Wharton and Victoria Road Children's Centre.

Speech and Language
Do you want to know how you can help your child's speech and language development?...The drop in sessions are for you to meet with the Speech and Language Team to share any concerns regarding your child's speech and language development and gain advice on how best to support your child.

Incredible Years Parenting Group
Our Incredible Years Parenting Programme uses coaching based theory to facilitate parents to learn from each other's experiences and realise they are not alone with any possible parenting frustrations and or difficulties. The research-based parenting programme focuses on the behaviour's children display and empowers parents to feel better prepared to understand, cope and manage both current behaviours and those that may arise in the future.

Baby and You
Baby and You is a 5 week programme of informative and fun sessions that will support you and your baby along your journey as a new parent.
Each of the sessions will be delivered by a range of Starting Well healthcare professionals with lots of specialist experience in working with children.

**For more information or to register, speak to any member of our Children's Centre Staff.
The information in this timetable was last updated on 09/08/2021**

Please note that Venues, Times and Date are all subject to change. Please contact your local Children's Centre for advice.

Centre Timetables
September - October 2021

Wharton Children's Centre
Bradbury Road, Wharton
Winsford, Cheshire, CW7 3HN
01606 555285
cwp.WhartonStartingWell@nhs.net