

## Children's Centres Temporary Timetable (October 2020 - March 2021)

All Starting Well Children's Centres are open for appointment only contacts.

You are able to contact the service and speak to someone directly by calling any of our Duty Teams.

### Baby and You

For parents of children aged 2-6 months.

Currently being delivered by video or telephone call.

Sessions cover how to support your child's Learning and Development

To book a place please speak to your Health Visitor.

### Health Visitor Contacts

Antenatal 28-32 weeks.  
Home visit 10-14 days.

Open Advice Clinic at 4 weeks.

Home visit 6-8 weeks.

1 and 2 year development reviews at home or at the Children's Centre.

### SALT Group

Speech and Language Clinics.

(Referral only)

### Paediatric Clinic

Delivered at various Children's Centres across Cheshire West and Chester (Appointments only)

### 2 Year Funding

Children's Centres can check if you are eligible for 15 hours free Nursery funding for your 2 year old.

### Onsite Childcare

Many Children's Centres have private onsite childcare provision. This includes spaces for funded 2 year olds.

### Continence Service Clinic

Delivered at various Children's Centres across Cheshire West and Chester (Appointments only)

### Advice and Guidance (Duty Teams)

Including Breastfeeding Support, postnatal support and **general enquiries for families with children aged 0-19 years**. If you would like to speak to a member of the team we are available

9.00am - 5:00pm  
Monday to Friday

Blacon Children's Centre  
**01244 397412**

Stanlaw Abbey Children's Centre  
**0151 4888036**

Wharton Children's Centre  
**01606 555285**



### Virtual Rhyme Time

During school holidays Early Years Workers will deliver singing sessions for children under 5. (Book via duty team)

### Toy Library 0-5 Years

Activity Bags are available to use at home. Call duty to arrange collection / drop off

**Activities to try @Home**

### Incredible Years (small group work)

An accredited parenting programme. Helping parents to understand and effectively manage behaviour. For parents with children aged 2-4 years.

Crèche available. (Referral only)



### Family and Adult Learning

**Maths (small group work)**

**English Speakers of Other Language ESOL (small group work)**

**Healthy Eating / Emotional Health and Wellbeing (virtual)**

**Helping Your Child To Nursery (virtual)**

### Open Advice Clinic

10 clinics are delivered weekly offering advice and support for all baby's needs. Weighing and measuring available. (book via duty team)

### Midwife Antenatal Appointments

Delivered at various Children's Centres across Cheshire West and Chester (Appointments only)

### Let's Play

Early Years Workers continue to maintain telephone contact with families who would have normally attended Let's Play.

If you would like to be included on the Let's Play register or you have questions about your child's play, learning or development then please contact a duty team and ask to speak with an Early Years Worker.

For further play ideas to try at home, watch our short video clips at:

[www.startingwell.org.uk/activities](http://www.startingwell.org.uk/activities)

