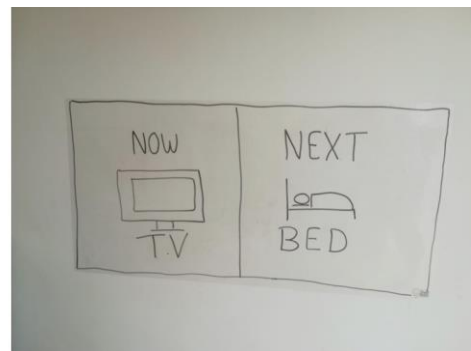


## Visual Timetables and Now/Next boards

Visual timetables and now and next boards are made up of pictures, photographs or symbols which represent a sequence of events in the order they will happen. Visual timetables and Now and Next is an effective way for some children to understand the routine for the day. It can help children who are having difficulties following instructions become more motivated. Below are a few ideas of how you can create your own visual timetable and now/next board at home...



You need very little equipment to make an effective visual timetable...just some paper and a pen/pencil or crayons. You and your child can draw the activities planned for the day and could even pre make a variety of pictures as an activity which can then be used on a daily basis to support your visual timetable or Now/Next board.



Use objects found in the home which symbolise the different activities planned throughout the day. E.g. dice for games, paintbrush for painting, book for Storytime.

If you have access to a printer there are a number of visual timetable resources available on the internet. Just print them off, cut them out and make your timetable as detailed or as simple as you wish!