## Stanlaw Abbey Children’s Centre Timetable

**You can access a Starting Well practitioner at this Centre**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<tr>
<td><strong>Antenatal Clinic</strong>&lt;br&gt;9.00am - 1.00pm (Appointment only)</td>
<td><strong>Antenatal Clinic</strong>&lt;br&gt;9.00am - 4.00pm (Appointment only)</td>
<td><strong>Antenatal Clinic</strong>&lt;br&gt;1.00pm - 4.00pm (Appointment only)</td>
<td><strong>Paediatric Clinic</strong>&lt;br&gt;9.00am - 1.00pm (Appointments only)</td>
<td><strong>Antenatal Clinic</strong>&lt;br&gt;9.00am - 4.00pm (Appointments only)</td>
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<td><strong>Two Year Funding</strong>&lt;br&gt;Appointment Only</td>
<td><strong>Breastfeeding Support Group</strong>&lt;br&gt;Helping mothers to reach their breastfeeding goals&lt;br&gt;1.00pm - 2.30pm (Drop in, no need to book)</td>
<td><strong>Playtime / Playing with words</strong>&lt;br&gt;Speech and Language&lt;br&gt;12:30pm - 4.00pm (Referral only)</td>
<td><strong>Two Year Funding</strong>&lt;br&gt;9.30am - 11.30am (Appointment only)</td>
<td><strong>Let's Play</strong>&lt;br&gt;10.00am - 11.30am&lt;br&gt;Term time only (Drop in, no need to book)</td>
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<td><strong>Cheshire Homes Partnership</strong>&lt;br&gt;0300 123 2442 (Advice Line)</td>
<td><strong>Early Years Focus Group</strong>&lt;br&gt;10.00am - 11.00am (Invitation only)</td>
<td><strong>PCSOS &amp; JCP Drop-in Surgery</strong>&lt;br&gt;2.00pm - 3.00pm&lt;br&gt;Meet in the Community Café</td>
<td><strong>Baby Matters</strong>&lt;br&gt;Ask your Health Visitor (Invitation only)</td>
<td><strong>Buggy Burn and Firm</strong>&lt;br&gt;9.45 to 10.45 w/c 27/05/2019 (Please book at centre)</td>
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<td><strong>Forward Steps Perinatal Group</strong>&lt;br&gt;1:00pm - 3:00pm May and June (Referral only)</td>
<td><strong>Baby Box Collection Point</strong>&lt;br&gt;9.30am - 11.30am</td>
<td><strong>Let's Play</strong>&lt;br&gt;10.00am - 11.30am&lt;br&gt;Term time only (Drop in, no need to book)</td>
<td><strong>Parenting Course</strong>&lt;br&gt;9.30am - 11.30am (Invite only)</td>
<td><strong>Pre-Birth Classes</strong>&lt;br&gt;3.00pm - 5.00pm&lt;br&gt;call 01244 366 518 to book</td>
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| **Swim a Song**<br>Starts April 2019 - TBC (Referral Only) | **Sensory Room**<br>The sensory room at Stanlaw Abbey Children’s Centre is equipped with soft play, offering a calming and soothing space for babies and toddlers alike to explore and interact with their environment through light and sound. Families registered at the children’s centre can book the sensory room for a free hourly session. Please speak to reception staff or telephone the centre.

## Neston Children’s Centre Timetable

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<tr>
<td><strong>First Aid Course</strong>&lt;br&gt;9.30am to 12.00pm&lt;br&gt;15/04/2019 or 13/05/2019&lt;br&gt;Please contact Stanlaw Abbey Children’s Centre to book a place.</td>
<td><strong>Let’s Play</strong>&lt;br&gt;10.00am - 11.30am&lt;br&gt;Term time only (Drop in, no need to book)</td>
<td><strong>Breastfeeding Support Group</strong>&lt;br&gt;10:30am - 12:00pm&lt;br&gt;Helping mothers to reach their breastfeeding goals. (Drop in, no need to book)</td>
<td><strong>Twins and Multiple Birth Group</strong>&lt;br&gt;9:30am - 11.00am&lt;br&gt;For more information please contact 0151 488 8036</td>
<td><strong>Antenatal Clinic</strong>&lt;br&gt;9.00am - 1.00pm (Appointments only)</td>
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<tr>
<td><strong>Explorers to Talkers</strong>&lt;br&gt;1.00pm - 2.00pm (Invitation Only)</td>
<td><strong>Two Year Funding</strong>&lt;br&gt;(Appointment only)</td>
<td><strong>Refresher Maths</strong>&lt;br&gt;9.00am - 12.00pm</td>
<td><strong>Open Advice Clinic</strong>&lt;br&gt;2.00pm - 3.30pm&lt;br&gt;Neston Clinic, Mellock Lane</td>
<td><strong>Antenatal Clinic</strong>&lt;br&gt;9.00am - 4.00pm (Appointments only)</td>
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Sensory Room
The sensory room at Stanlaw Abbey Children’s Centre is equipped with soft play, offering a calming and soothing space for babies and toddlers alike to explore and interact with their environment through light and sound. Families registered at the children’s centre can book the sensory room for a free hourly session. Please speak to reception staff or telephone the centre.
April to June 2019

Centre Timetables

What is a Children’s Centre

Children’s Centres provide a wide range of services for prospective parents, children and their families. We aim to improve the lives of children and their parents by bringing together early childhood services in the heart of the community.

Open Advice Drop

We welcome you to attend the sessions for advice and support and information regarding the health and wellbeing of your baby/child. We are also able to weigh and measure your baby/child and review their growth. There is no need to book an appointment but we would advise that you arrive at least 15 minutes before the end of the session to ensure we have adequate time to offer you suitable support.

Let’s Play

Looking for something fun to do with your child? Our main centres run a weekly ‘Let’s Play’ session for all children aged 0-5.

Play Day Specials

Play Days offer a fun and exciting opportunity for children to play and explore through a variety of seasonal themed sessions. These sessions are for children aged 0-5.

Early Years Group

These groups are run by Early Years Workers and support your child’s development and you as a parent/carer to be your child’s first educator. The group gives you an opportunity to learn new skills and develop new approaches to teaching your child.

Breastfeeding Support Group

Breastfeeding support groups are great places to make new friends and share the ups and downs of looking after a new baby. Helping mothers to reach their breastfeeding goals.

Antenatal Clinic (NHS Midwifery Service)

The local hospital midwifery team can be found throughout Neston Hospital Midwifery team who are able to provide antenatal care to the child’s first education. The group gives an opportunity to learn new skills and develop new approaches to teaching your child.

Two Year Old Funding

Two year olds who live in Cheshire West and Cheshire may be eligible for 15 hours free childcare per week which adds up to 570 hours per year. You can check if your child is eligible for the funding by going to www.cheshirewestandchester.gov.uk/2yearoldplaces

Sensory Room

The sensory rooms are equipped with soft play, offering a calming and soothing space for babies and toddlers alike to explore and interact with their environment through light and sound.

Families registered at the children’s centre can book in advance for a free hourly session. Sensory room, through light and sound, is available for a free hourly session. Sensory room.

For more information or to register, speak to any member of our Children’s Centre Staff.

The information in this timetable was last updated on 27/03/2019

Please note that Venues, Times and Dates are all subject to change. Please contact your local Children’s Centre for advice.