<table>
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<th>Day</th>
<th>Event</th>
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| Monday    | **Early Years Group** 9.30am - 11.30am  
(speak to your Early Years Worker) |
|           | **Open Advice Clinics-drop in** 1.30-3.30  
(drop in session) |
| Tuesday   | **Child Development Checks** AM  
(Appointments only) |
|           | **Let’s Play**  
Drop in  
Term time only  
1.15pm - 2:45pm  
(No need to book, just turn up) |
|           | **Speech and language drop in** 1.30pm - 2.30  
Drop in session  
13th November  
11th December  
(drop in session) |
| Wednesday | **Breastfeeding Support Group**  
Helping mother’s to reach their  
breastfeeding goals  
2.00pm - 3.30pm  
(No need to book, just turn up) |
|           | **Child Development Checks** PM  
(Appointments only) |
| Thursday  | **Antenatal Clinic** 9.00am - 12.00 noon  
(Appointments only) |
|           | **Buggy Burn and Firm**  
1.00pm - 3:00pm  
(6 week course)  
8th November finishes  
13th December |
| Friday    | **Antenatal Clinic** 9.30am - 12.30pm  
(Appointments only) |
|           | **Family Learning**  
Cooking on a budget  
These are one off sessions  
9.30 - 11.30  
Crèche Spaces Available  
23rd or 30th November  
(Please call to book) |

Sensory Room available daily and can be booked subject to availability for 1 hourly by appointment. Please call (01606) 555285

**Explorers To Talkers**  
10:00am till 11:00am  
November 19th, 26th, 28th and Dec 3rd 2018

For more information or to register, speak to any member of our Children’s Centre Staff.  
Updated on: 09/11/2018